

## **Toby Pillinger**

King's College London

### **Winner of the BAP Psychopharmacology Award**

Dr Pillinger studied medicine at the University of Oxford. He subsequently trained in General Medicine at Imperial College London, working at the Hammersmith and Royal Brompton Hospitals, attaining Membership of the Royal College of Physicians. He currently works as an Academic Clinical Fellow at the Institute of Psychiatry, Psychology and Neuroscience (King's College London) and Imperial College London with Professor Oliver Howes, where his predominant research interest sees him examine the mind-body continuum in serious mental illness. He has published multiple research articles examining cardiac, metabolic, and immune dysregulation in psychiatric disorders, including papers in JAMA Psychiatry, Molecular Psychiatry, The Lancet Psychiatry, and the British Journal of Psychiatry. Alongside Professor David Taylor and Dr Fiona Gaughran, he is an editor of the forthcoming book 'The Maudsley Prescribing Guidelines for Physical Health Conditions in Psychiatry'. He set up and leads regular Maudsley Masterclasses designed to improve the physical health care delivered to psychiatric patients by mental health practitioners, that are attended by international audiences. Clinically, he works at the Maudsley Hospital specializing in the management of people with treatment resistant schizophrenia.

